

## Study of the Health status of Old Aged Persons in the Communities of Fishermen and Non-Fishermen in Kalapet town of Puducherry

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### Abstract

*From ancient period to new period, circumstances and the circuit of the old matured individuals in the unfortunate family have not been changed because of egotistical characters of both male and female individuals in India, in this way old matured individuals' circumstances at powerlessness time has been turning out to be so miserable and pitiable as they can't live with relatives support and hold. Additionally, ailment and status are varied from family to family, income to income, wealth to wealth, caste to caste, these large number of issues are causing social researchers and liberal people to have an awful and miserable outlook on their expressionless circumstances in the Indian family framework. India won't develop and grow just with the assistance of young people yet in addition required the assistance of old matured individuals at all the dynamic cycle from family to government. Provided that this is true, advancements would happen from family to country toward making unfathomable progress and triumph in all the advancements and achievements. In each family, kids and daughters-in-law and family members have to pay humanitarian concern to care for and preserve the old people's needs and necessities without any bias and discrimination. To accomplish this work, they need to think of them as their folks who have supported them and carried every one of their loads until they become full-grown and more youthful.*

**Keywords;** *Old matured, unfortunate, ailment, humanitarian, discrimination.*

### Introduction

The sensations of the relatives should be coordinated toward recalling their parent's young age hard pursues sustaining and creating them would have been how much stuff and hazard, in this comparative way they need to safeguard their folks once they became powerless and enduring with next to no derisively and mumbling as they did to us when we were at youngsters and youthful ages. To adore and take care of this advanced age people groups in every single family, relatives are important to cherish their parent's job which was placed on sustaining and creating them from all the trouble times from their youngster's stages to grown-up stages by neglecting, disregarding and excluding the requirements and necessities of the old matured people groups or our parents in every single family their government assistance and interest are not yet fulfilled themselves, since they in all actuality do require inverse individual's assistance along these lines they can't eat as expected and live cheerfully. In this way, these sorts of terrible circumstances are arising step by step and minutes to minutes in all the family which should be perceived and acknowledged by the relatives toward empowering and liberating our folks from the pool of misery and stress to

accomplish their requirements and necessities. This multitude of issues and worries of them is for the most part demonstrated and seen in the Indian setting yet this study is endeavouring to depict and separate the aggregate issues and ailments of the advanced age individuals on property premise in Kalapet Puducherry. From birth absurdly individuals are getting part of burden and stress in which more youthful individuals from unfortunate family foundation getting issue more than richer individuals consequently they can't safeguard and fulfil needs and necessities of the advanced age people groups in the current setting and another hand rich family in India generally have been living on extravagances and sophisticate life because of their plentiful property in this way they can safeguard their folks with every one of the offices. Their freedoms are abused and disregarded by the relatives in the overall Indian setting because of many reasons and setting in which one of the explanations is poor financial circumstances and pay of the unfortunate family in this manner they can't mind their folks regardless of that multitude of issues are looked by them however they are dealing with their parents at most reduced pay. Notwithstanding they have had an unbridled love for their folks they can't show at present setting because of reasons of instructing kids, keeping up with family and overseeing family uses, even though they deal with this large number of issues when they need to safeguard to their folks yet same issues were made due by our folks when they safeguarded and created us. Beyond their monetary emergency and issues, our parents have been shielded parcel from their low pay with an interest to raise and foster us to be a praiseworthy child of them and resident of India, in these ways and particularly the current young people need to approach to save and satisfy their parents as they did to us when we were at youngster's stage and unmarried circumstance. What we see and feel the obstacles and hindrances is very lower and lesser than our parent's adoration and compassion so our folks are generally valuable and significant than our socio and practical obstacles along these lines, as offspring of our parent's diligent effort and love we should save and keep them at most joyful condition independent of our social and family issues since same work has been finished by them to creating and sustaining us. However, this study is zeroing in on old matured individuals' well-being status at income and pay premise yet this study is centring young people and little girls in-regulations job likewise on safeguarding, treating and mindful, protecting of old matured individuals as equivalent to their folks in the Indian social setting. As we have acknowledged the general regulation and demonstrated record that even food, asylum, instruction and different things are made accessible to individuals in light of the strength of income, pay and property consequently individuals has a place with poor and powerless are enduring since their introduction to the world to long for without eating wanted food and materials and family things, in this sense for mishandling, affronting and talking adversely by the relatives over old matured individuals or guardians are the reasons of their inadequate pay, unfortunate social and monetary status, as indicated by their ethical head as a child and girl or girl in-regulation need to safeguard our folks and old matured people groups even by asking and doing humble works likewise. As a result of lower pay and poor financial status, an unfortunate man is an enduring part, from the present circumstance he is preferring his folks to be careful and give him great food however sadly and unavoidably he is suffocated not to deal with their parents because of his better half's limitation on minding of guardians and following miserly propensities in the family by neglecting needs of the old matured people groups. These acts of the

ladies and male individuals are additionally prompting creates countless issues as far as protecting the old matured people groups in the current setting.

Low-income deals with lower caste people's lower health status of the old age people and higher income deal with the higher communities of higher health status in Indian social setting and this uniqueness pay and societal position has been as a social creed and disgrace toward separating and isolating the people groups life and wellbeing in light of the existing status and payment status. From this example, this study has taken Kalpet in Puducherry to comprehend well- the being status of the different networks given the income and ancestors' property.

### **Literature Review**

**(Thakur, Banerjee and Nikkumb, 2013)**, The study identifies geriatric health problems and explores gender and urban morbidity differences among the slum and village peoples. The community based cross-sectional analysis was carried out from above 60 years of age with a sample of 470 respondents. The study concluded that female elders outnumbered the male elders, widows outnumbered widowers. Among 407 respondents 240 uses tobacco at a very high intensity which comprises 58.97%, uncorrected hearing impairment was found common in these respondents and almost half of the population was in depression.

**(Gracia and Navarro,2018)**, the paper evaluates the impact of quality of life on elderly people's health from a multidimensional perspective. The study has selected 500 people r randomly as their sample in Granada (Spain). The data has been collected through Cubrecavi questionnaires and a Meta-analysis was done to find out the results. The study finds out that the respondents have a good level of satisfaction, environment quality, social support, social networks, good health, leisure and positive social interactions.

**(Sarah, Abdi Witte and Hawley, 2019)**, the study tries to understand the care support needs of old aged people by the method of scoping review and used Arksey and O' Malley's enhanced and original framework. 40 studies were included of which 32 were from academic literature and 8 from grey literature. The results find out that older adults require care and support in 3 areas like social activities and relationships; activities related to mobility, self-care and domestic life and psychological health. The study also concluded that there is a gap in the knowledge of two groups within the older population: older workers; and older carers.

### **Data collection**

The study is based on the primary source of data collected through questionnaires and interview schedule

### **Area of study**

Kalapet is in the union territory of Puducherry, along with the Bay of Bengal nearby ECR, it is located 17 kilometres from the Puducherry bus stand, and people living in the place belong to several categories is living together in this region with several businesses and avocation. It is a parliamentary constituency that comes under the jurisdiction of the Olavarkarai Commune.

**Results and discussions**

S. no	Community	Population	Property status	Old aged people's lifestyle	Remarks	Solution
1	Fishermen community	800	Good	Good	Good economic status	Needs to sustain
2	Vanniyar community	1500	Excellent	Excellent	Ancestor wealth is enough	Needs to sustain
3	SC Community	150	Normal	Very Poor	No ancestor wealth	Needs to improve a lot
4	Washer men Community	120	Very Poor	Below Poverty line	Daily wagers	Absolute changes needed
5	Sakkiliyar Community	100	Very poor	Below poverty line	Daily wagers	Absolute changes needed

**Table: 2: Illustration of health Conditions and community with old aged people's strength**

	Community	Strength of old aged people	Health Conditions	Reasons
1	Fishermen community	1600	Living with good health condition with daily average food	They earn sufficient daily income and working liberally without job scarcity
2	Vanniyar Community	3000	Living with adequate good health conditions and daily needs	they don't have ancestor property and earn a lot
3	SC Community	300	Longing for help and food	Being a daily work-seeker
4	Washer men Community	240	Suffering without adequate food	Insufficient income though they get work and not possess a basic property
5	Sakkiliyar Community	200	Do not have health and survival needs and seeking from others	Less work, less income and no way to work decently

Source: Field Visit: February 2021

From these tables well-being and life status of the destitute individuals and rich individuals are shifted in Kalapet, Puducherry where the larger part of individuals are Fishermen and Vanniyar Community, rest of the individuals are observed minority in populace, property and pay wise accordingly their ways of life, ailments and day to day needs differ. From rich individuals to needy individuals' well-being and not set in stone by the normal day to day pay, enough every day pay and fundamental property which was left by their precursors. Through these perspectives in Kalapet old matured individuals' ways of life and medical issues are precisely determined and concentrated concerning what sort of daily routine they follow and experience and what kind of food they have, from these angles' individuals' ailments are surveyed ordinary, normal and magnificent. As a rule, at old matured stages, individuals will get part of issues regardless of abundance and food every one of their concerns would be settled with a help of their property and enough income status, individuals who don't have those things are enduring parcel by not ready to go to emergency clinics and burn through cash for recuperating from their diseases.

This is the approved reason which wins internationally particularly in created and agricultural nations, on other hand a large portion of destitute individuals who have a place with SC, Sakkiliyar and Washer men Community are found with badly crumpled and seared skin in light of they are

having shaky and unfortunate food in this manner they are getting back Pain, eyes issues, vertebrate issues, ear issues, recuperates issues, heart issues, demising at a youthful age, coming unstable and undesirable at youthful stages, found with powerlessness and bonny. To eliminate their enemy of majority rule, mainstream and republic look legislature of India need to do what's necessary government assistance policies particularly to elevate their life from down to up as equivalent to others in their residence society and spots. To be sure, individuals in India alone are regarded in the light of the riches, cash and muscle influence whereas these individuals are affronted and demolished by those individuals who have cash, muscles and property influence, the present circumstance should be supplanted by new policies which will be valuable to foster their cash and muscles influence to reside in the serious society by battling with property class. Due to having property certain individuals are battling in every one of the spots for their great well-being whereas certain individuals who have neither cash influence nor muscle influence are likely to be overwhelmed and endured by the influential individuals. So, great well-being and great still up in the air by their property and pay except if no decent well-being and great food in light of this individuals are ordered into different sections and personalities, for which even government ought not to be as a significant r in dividing individuals as rich and poor because of income and property qualifications and shortage.

### Conclusions

Indeed, even government is known for this as on a multitude of issues of the more fragile segment of individuals' wellbeing and pay issues it ought not to stay silent and quiet, it ought to approach with a social, common and socialist idea and policies to elevate their life from pitiable circumstances. For casting a ballot reason, it shouldn't give additional booking to send and property class and area since which will additionally cause social, political and financial divergence and disparity from the current confounded social construction. Therefore, created local area should be at the created circumstance and need to let and urge lacking individuals to come to their created circumstance, for which government needs to show support to more vulnerable segment people groups to work on their social and monetary status for safeguard completely old matured individuals' requirements and necessities without defect.

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